FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPR	OVAL								
	OMB Number:	3235-0287								
l	Estimated average burden									
I	hours nor roonanas:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(ff) or the investment Company Act or 1940								
1. Name and Address Zwillinger Jo	ss of Reporting Perso seph	on <sup>*</sup>	2. Issuer Name and Ticker or Trading Symbol Allbirds, Inc. [ BIRD ]		tionship of Reportir all applicable) Director	n(s) to Issuer					
(Last) C/O ALLBIRDS 730 MONTGOM			3. Date of Earliest Transaction (Month/Day/Year) 01/25/2023	X	Officer (give title below)  Co-Chief Ex	ecutive	Other (specify below) Officer				
(Street) SAN FRANCISCO (City)	CA (State)	94111 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	idual or Joint/Grou Form filed by On Form filed by Mo Person	e Report	ing Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (					5. Amount of Securities Beneficially Owned following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(11150: 4)		
Class A Common Stock	01/25/2023		C <sup>(1)</sup>		4,600	A	\$0	4,600	I	By Trust <sup>(2)</sup>		
Class A Common Stock	01/25/2023		S <sup>(3)</sup>		4,600	D	\$2.75(4)	0	I	By Trust <sup>(2)</sup>		
Class A Common Stock	01/26/2023		C <sup>(1)</sup>		13,867	A	\$0	13,867	I	By Trust <sup>(2)</sup>		
Class A Common Stock	01/26/2023		S <sup>(3)</sup>		13,867	D	\$2.78(5)	0	I	By Trust <sup>(2)</sup>		
Class A Common Stock	01/27/2023		C <sup>(1)</sup>		92,643	A	\$0	92,643	I	By Trust <sup>(2)</sup>		
Class A Common Stock	01/27/2023		S <sup>(3)</sup>		92,643	D	\$2.78(6)	0	I	By Trust <sup>(2)</sup>		

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Seci Acq (A) ( Disp of (E	umber vative urities uired or oosed 0) (Instr. and 5)	6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Class B Common Stock	<b>\$0.0</b> <sup>(1)</sup>	01/25/2023		C <sup>(1)</sup>			4,600	(1)	(1)	Class A Common Stock	4,600	\$0	11,098,010	I	By Trust <sup>(2)</sup>
Class B Common Stock	\$0.0 <sup>(1)</sup>	01/26/2023		C <sup>(1)</sup>			13,867	(1)	(1)	Class A Common Stock	13,867	\$0	11,084,143	I	By Trust <sup>(2)</sup>
Class B Common Stock	\$0.0 <sup>(1)</sup>	01/27/2023		C <sup>(1)</sup>			92,643	(1)	(1)	Class A Common Stock	92,643	\$0	10,991,500	I	By Trust <sup>(2)</sup>

# **Explanation of Responses:**

- 1. Each share of Class B Common Stock is convertible at any time at the option of the Reporting Person into one share of Class A Common Stock and has no expiration date. Each share of Class B Common Stock held by the Reporting Person will convert automatically into one share of Class A Common Stock upon the sale or transfer of such share of Class B Common Stock, subject to certain exceptions, and in certain other circumstances described in the Issuer's amended and restated certificate of incorporation.
- 2. Shares are held of record by Joseph Z. Zwillinger and Elizabeth L. Zwillinger, as Trustees of the Twin Wolves Revocable Trust under Revocable Trust Agreement dated September 27, 2017, of which the Reporting Person is co-trustee and shares voting and investment power over such shares.
- 3. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$2.75 to \$2.755, inclusive. Upon request by the Commission staff, the Issuer, or a security holder of the Issuer, the Reporting Person will provide full information regarding the number of shares sold at each separate price within the range set forth in this Form 4
- 5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$2.75 to \$2.81, inclusive. Upon request by the Commission staff, the Issuer, or a security holder of the Issuer, the Reporting Person will provide full information regarding the number of shares sold at each separate price within the range set forth in this Form 4.
- 6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$2.75 to \$2.83, inclusive. Upon request by the Commission staff, the Issuer, or a security holder of the Issuer, the Reporting Person will provide full information regarding the number of shares sold at each separate price within the range set forth in this Form 4

### Remarks:

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.